

Form 4 Orientation 2018

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From 8th to 11th of January 2018, the Guidance and Counselling Unit of SMK St Teresa organized an orientation programme for the Form 4 students of 2018 in the AVA room. On the first day, the activity for the day was a talk about the exposure towards career inventories and directions after SPM presented by Miss Vivian Liew from the AUG Student Services.

On 9th January, a talk about sexual harassment and rape was given by Madam Annie from the Family Planning Unit. Following that was another talk, this time focussing on stress management, given after recess by Mr Joss Agak from the Management and Science University.

On the third day, Mr Muhammad Zaidi Mohtar visited SMK St Teresa to introduce the Young Talent Development Through Breozex Accelerator Programme to the students of SMK St Teresa. After recess, a talk about discipline was also given to certain classes by Mr Muhammad Zaidi Mohtar.

The orientation programme for Form 4 ended on 11 January with a presentation given by Mr Joss Agak from the Management and Science University about studying skills when using the I-Think maps. All in all, the Form 4 students gain a lot of knowledge and insight as it was a well-thought-out programme with various interesting activities.

Love and serve,

Priyathasyini A/P Kanan